**fjiksVZ**

vkarfjd f’kd;r lfefr ¼ICC½

jk"Vªh; izkS|ksfxdh laLFkku jk;iqj }kjk vk;ksftr ikWp fnolh; dk;Z’kkyk

“A wholistic approach towards women empowerment”

jk"Vªh; izkS|ksfxdh laLFkku jk;iqj esa fnukad 8 ls 12 tuojh dks ikWp fnolh; odZ’kkWi dk vk;kstu fd;k x;k A efgykvks ds lexz l’kDrhdj.k fo"k; ij vk/kkfjr bl dk;Z’kkyk esa fofHkUu ladk; tSls ykW] LokLF;] Qkbusal] ekufld ,oa vk/;kfRed lHkh igyqvksa ij ifjppkZ ,oa O;k[;ku j[ks x, A

**izFke fnol**

igys fnu dk;Z’kkyk dh 'kq:vkr esa MkW J/nk jktiwr Hkmflax] vfLlVsaV izksQslj ,p-,u-,y-;w jk;iqj es Women Laws & Rights at workplace ij O;k[;ku fn;k A nwljs l= esa MkW jtuh nsokaxu L=hjksx fo’ks"kK ,oa MkW fuosfnrk pkScs] cky ,oa f’k’kq jksx fo’ks"kK ls ifjppkZ dk vk;kstu fd;k x;k A efgyk ds fu;fer fpfdRlk tkWp ,oa lLFkku esa NksVs cPpksa ds fy, dzp dh mi;ksfxrk ij tksj fn;k x;k A

**f}rh; fnol**

nwljs fnu ds izFke l= esa Jherh feysuk dqjsZ] vkbZih,l] 2008 cSp] MhvkbZth@lhvkbZMh] iqfyl gsMDokVlZ ] u;k jk;iqj us efgykvks ds vkokt mBkus ,oa vU;k; ds f[kykQ tkx:d gksus ij tksj fn;k A iqfyl }kjk lkSQWV fLdy dk mi;ksx dj efgykvksa ds gd ds laj{k.k ds mnkgj.k izLrqr fd;s A f}rh; l= esa MkW lqjfHk nqcs] ,lksfl,V izksQslj] ekufpfdRlk foHkkx] iafMr tokgjyky usg: esfMdy dkWyst jk;iqj usa efgykvksa ds ekufld LokLF; ds egRo dks crk;k A dkedkth efgykvksa dks dk;Z esa larqyu cukus gsrq vR;ar egRoiw.kZ tkudkjh lk>k dh A 'kkjhfjd LokLF; dk ekufld LokLF; ls laaca/k Hkj ljy 'kCnksa esa crk;k A

**r`rh; fnol**

rhljs fnu ds izFke l= esa MkW yksds’k flag vfrfjDr izksQslj ,oa foHkk/;{k ekufpfdRlk foHkkx] ,El jk;iqj }kjk “efgykvksa dks stress ds fofHkUu QkeWLk ,oa muds fuokj.k ds lgt rjhds” crk, x,A

f}rh; l= esa “efgykvksa ds QkbusafUl;y ,eikojesaV” gsrq Jherh usgk [kjs eq[; izac/kd LVsV cSad vkQ bfM;k ,uvkbZVh czkap ,oa Jhfuoklq eqnxy] ,lchvkbZ eqmpqoy QaM jk;Ikqj usa “fofHkUu ikWfylh ,oa ,lvkbih” ds ckjs esa crk;k A lHkh ds Qkbusal lacaf/kr iz’uksa dk fuokj.k Hkh bl l= esa bu cSadlZ }kjk fd;k x;k A

**prqFkZ fnol**

dk;Z’kkyk ds pkSFks fnu ds izFke l= esa MkW vYiuk Jor frokjh mi egkizaca/kd ¼,p vkj½ lh,lihVh,h,y ¼CSPTCL) us EQ &IT as a tool Leverage Women Empowerment ij ppkZ dh A

f}rh; l= esa MkW o"kkZ ojokMdj counseling psychologist }kjk “yuZ Vw ls uks” fo"k; ij O;k[;ku fn;k x;k ftlesa lgt ,o LkkSE; rjhdksa ls uks dgus ij tkj fn;k x;k A

**ikWpok fnol**

dk;Z’kkyk ds vafre fnu ds izFke l= esa vfregRoiw.kZ mn~cks/ku esa Hon’ble Justice Shri Chandra Bhushan Bajpai ji us “efgyk l’kDrhdj.k esa lafo/kku dh Hkwfedk” ls voxr djk;k A f}rh; l= esa lekjksg dk vk;kstu fd;k x;k A

bl dk;Z’kkyk esa fofHkUUk {ks=ksa ls vk, 11 fo’ks"kKksa usa O;k[;ku ,oa ifjppkZ esa Hkkx fy;k A 100 izfrHkkfx;ksa usa ;g dk;Z’kkyk esa fgLlk fy;k A

bl dk;Z’kkyk esa Chief Patron MkW lqjs’k gokjs th] v/;{k 'kklhfudk;] jk"Vªh; izkS|ksfxdh laLFkku jk;iqj] Patron MkW jeuk jko] funs’kd jk"Vªh; izkS|ksfxdh laLFkku jk;iqj] convenors MkW lk/kuk vxzoky ,oa MkW 'kqHkzrk xqIrk] Coordinators MkW LoLFkh LFkkid] MkW fiz;adk f=ikBh] MkW lkxfjdk HkV~Vkpk;kZ A

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